

## Parish Fields Newsletter December 2022

The last 18 months have been a busy time here at Parish Fields. After working hard through covid to try our best to continue caring for our patients and deliver covid vaccinations, we had the builders in last year. In fact we have just celebrated our first year in our new dispensary. The improvements also provided us with two much needed extra consulting rooms.

It is not just the building that has grown our clinical team has expanded as well. We now have two Nurse Practitioners as well as a Paramedic who you will probably see out and about visiting patients in their homes as well as in the care homes. We also have Cindy our outreach nurse who visits those struggling to manage their health problems and are not well enough to visit the surgery. Then we have three practice nurses and two health care assistants.

Our surgery belongs to the South Norfolk PCN (Primary Care Network) we are one of nine member practices. The two in Diss, Harleston, Pulham, Long Stratton, Attleborough, two in Poringland and Loddon. This is a large area hence the problem when we had to provide one centre to deliver the covid vaccinations.

As part of the PCN we have First Contact Physios, a mental health worker and a social prescriber at the surgery on different days. All helping to provide more care and support for our patients in their own specialised field.

Gone are the days when your GP was the person that you would usually see for most of your problems. That is why at Parish Fields we provide a triage system to direct the patient to the most appropriate clinician.

The PCN this year from 1st of October has to provide Improved Access this means that Monday to Friday there will be at least one practice open in the evening until 8pm and one practice open on a Saturday from 9am until 5pm. These are for pre-booked appointments only.

In October this year we changed our clinical system to the same system used by the majority of other practices in the PCN and other services such as the District Nurses which enables us to share information. Once again our aim is to improve our patients care. We are still experiencing a few teething problems with this and we thank you for your patience.